

THE SEL TEAM

HOW PPS CAN INTEGRATE SEL EVERYDAY!



BALANCE
your life

WHAT IS SEL

Social and emotional learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions.

INSTRUCTIONAL SPECIALIST

The SEL Instructional Specialist will provide assistance, coaching and support the delivery of professional development to school leaders, teachers, and staff on SEL programming like GLM or staff sessions, and 1-1 teacher meetings. They can also model class lessons and small group work

SEL INTERVENTIONIST

The Interventionist provides SEL supports to students by facilitating supports for students who exhibit academic, emotional, and behavior challenges that impede on learning.

This might look like an an SEL activity/lesson in your classroom, small group or individual counseling

SEL INSTRUCTIONAL SPECIALIST

Kimberly Johnson- johnsonk@paterson.k12.nj.us

Natasha Carcich- ncarcich@paterson.k12.nj.us

Amber Wessells- awessells@paterson.k12.nj.us

SEL INTERVENTIONIST

Varshawn Clark- vclark@paterson.k12.nj.us

Carol Greene- cgreene@paterson.k12.nj.us

SUPERVISOR

Laurel Olson- lolson@paterson.k12.nj.us

DATA STRATEGIST

Sarah Miller-Steward- millers@paterson.k12.nj.us





5

Strategies For Incorporating Social Emotional Learning Into Your Classroom

teachthought
www.teachthought.com

1. Mindfulness
2. Clarify that thought leads to feelings
3. Model persistence and determination
4. Listen with empathy
5. Emphasize gratitude

